

B.S. in Nutrition and Dietetics
Plan of Study †
Freshman Year

Fall			Spring		
Class	Grade		Class	Grade	
FOUN 101 Foundations	(1)	_____	MATH 150 Precalculus	4	_____
NUTR 110 Food Preparation	4	_____	NUTR 220 Nutrition Science for Health		
NUTR 210 Intro to Nutr & Dietetics	2	_____	Health Professions	4	_____
UCFW 120 Concepts of Hlth & Wellness	2	_____	UCS 102 University Core Seminar	4	_____
UCR 101 University Core Rhetoric	4	_____	UCT 102 University Core Texts II	4	_____
UCT 101 University Core Texts I	4	_____			
				Credits	16
	Credits	16-17			

Sophomore Year

Fall			Spring		
Class	Grade		Class	Grade	
CHEM 205 Foundations of Chem	4	_____	CHEM 215 Fund of Organic Chem	3	_____
CHEM 206 Foundations of Chem Lab	1	_____	CHEM 216 Fund of Organic Chem Lab	1	_____
NURS 232 Stats for Hlth Care Prof (3) <i>or</i>			HCAD 321 Healthcare Economics <i>or</i>		
MATH 210 Elem Stats (4)	3-4	_____	ECON 201 Macroeconomics	3	_____
NUTR 310 Lifecycle Nutrition	4	_____	NUTR 360 Nutr Assessment & Counsel	4	_____
UCBF 101 Biblical Foundations	4	_____	PSYC 101 General Psychology	4	_____
				Credits	15
	Credits	16-17			

Junior Year

Fall			Spring		
Class	Grade		Class	Grade	
CHEM 345 Fund of Biochemistry	3	_____	BIOL 217 Human Anatomy	4	_____
KINE 250 Medical Terminology	2	_____	NUTR 413 Food Service Org/Mgmt	4	_____
NUTR 350 Community Nutrition Edu	4	_____	NUTR 415 Adv Nutr I: Macronutrients	4	_____
NUTR 412 Quantity Food Prod/Mgmt	4	_____	NUTR 498 Research Methods in Nutr	2	_____
NUTR 414 Experimental Foods	4	_____	Fine Arts Elective	3	_____
				Credits	17
	Credits	17			

Senior Year

Fall			Spring		
Class	Grade		Class	Grade	
BIOL 218 Human Physiology	4	_____	BIOL 225 Microbiology for Hlth Science	4	_____
NUTR 410 Medical Nutr Therapy I	4	_____	NUTR 371 Dir Professional Practicum	2	_____
NUTR 416 Adv Nutr II: Micronutrients	4	_____	NUTR 411 Medical Nutr Therapy II	4	_____
NUTR 491 Prof Issues in Dietetics	2	_____	NUTR 418 Nutrigenomics*	3	_____
NUTR 499 Senior Seminar in Nutr	2	_____	General Elective	4	_____
				Credits	17
	Credits	16			

*Advisor may replace course with NUTR 305 or 312. NUTR 312: Food, Culture and Society is the preferred substitute.

130-132 Total Credits