Samford University
School of Public Health

Student Name: _____
SU ID: _____

B.S. in Nutrition and Dietetics

Plan of Study †

Freshman Year

Fall	Class		Grade
BIOL 210	Foundations of Biology I	3	
NUTR 220	Nutr Science for Hlth Prof	3	
UCG 101	University Common Ground	1	
UCT 101	Core Texts I	3	
UCW 101	Core Writing	3	
	IA: Human Experience	3	
	Credits	16	

Spring	Class		Grade
BIOL 221	Anatomy & Physiology I	3	
BIOL 222	Anatomy & Physiology I Lab	1	
HCAD 321	Healthcare Economics	3	
NUTR 110	Food Preparation	4	
UCT 102	Core Texts II	3	
UCW 102	Core Writing Seminar	3	
	Credits	17	

Sophomore Year

Fall	Class		Grade
BIOL 223	Anatomy & Physiology II	3	
BIOL 224	Anatomy & Physiology II Lab	1	
CHEM 205	Foundations of Chem	3	
CHEM 206	Foundations of Chem Lab	1	
MATH 150	Precalculus	3	
NUTR 270	Prof Issues in Nutrition	2	
NUTR 310	Lifecycle Nutrition	3	
	Credits	16	

Spring	Class		Grade
CHEM 215	Fund of Organic Chem	3	
CHEM 216	Fund of Organic Chem Lab	1	
NUTR 350	Community Nutrition Edu	3	
PSYC 101	General Psychology	3	
UCBF 101	Biblical Founations: OT	3	
	IA: Creative Expression	3	
	Credits	16	

Junior Year

Fall	Class		Grade
CHEM 345	Fund of Biochemistry	3	
NURS 232	Stats for Hlth Care Prof	3	
NUTR 371	Dir Professional Practicum	2	
NUTR 412	Quantity Food Prod/Mgmt	4	
NUTR 415	Adv Nutr I: Macronutrients	3	
	Credits	15	

Spring	Class		Grade
NUTR 414	Experimental Foods	4	
NUTR 416	Adv Nutr II: Micronutrients	3	
NUTR 498	Research Methods in Nutr	2	
UCBF 102	Biblical Foundations: NT	3	
	SC: Global Engagement	3	
	Credits	15	

Senior Year

Fall	Class		Grade
NUTR 401	Nutrition Care Process	3	
NUTR 413	Food Service Org/Mgmt	3	
NUTR 499	Senior Seminar in Nutr	2	
UCHW 120	Dimensions of Wellness	2	
	General Elective	3	
	Credits	13	

Spring	Class		Grade
NUTR 408	Clinical Nutrition I	3	
	General Elective (NUTR 312*)	3	
	General Elective	3	
	General Elective	3	
	Credits	12	

**NUTR 312: Food, Culture and Society (4 credits) is suggested; however, it is not required.*

120 Total Credits

†This plan of study is provided as a guide – each student works with an advisor to create a customized plan of study based upon their individual timeline and goals.

v. 06/16/2026