

**HEALTHCARE ETHICS AND LAW CONFERENCE 2025: Use of Social Media and Technology on Health – Where are We?**

***CONTINUING PHARMACY EDUCATION (CPE) ACTIVITY***

**Date: Friday, February 7, 2025**

**Time: 8:00 A.M. – 3:30 P.M. (Registration & Check-In 7:30 A.M.)**

**Location: Regions Community Room, Cooney Hall, Samford University**

**Activity Description:** The Healthcare Ethics and Law [HEAL] Institute was created to better support the unique and complex relationships between patients and health-care providers, the individuals who make patient-care decisions, and the institutional ethics committees who offer them advice and counsel. The 2025 HEAL Conference, focusing on the implications of social media and technology on health, is registered as a knowledge-based continuing pharmacy education (CPE) activity and is approved for **6.0 live contact hours (0.60 CEUs)** appropriate for **pharmacists**. To receive credit, participants must attend the entire session and complete program assessments. **There will be no partial credit awarded!** Credit will be sent electronically through CPE Monitor within 30 days following the program. NABP e-Profile ID# and Date of Birth (mmdd) required.

## **Activity Faculty:\***

**Jonathan Thigpen, Pharm.D.**

Associate Professor and Assistant Dean for Curricular Innovation and Professional Development

McWhorter School of Pharmacy, Samford University

**Daniel Marullo, Ph.D.**

Clinical Psychologist

Children’s of Alabama

**Dennis Sansom, Ph.D.**

Retired Professor and Chair

Department of Classics and Philosophy, Samford University

**Amy Broeseker, RN, Pharm.D., Ph.D.**

Professor

McWhorter School of Pharmacy, Samford University

**Laura DeNardis, Ph.D.**

Inaugural Director, Center for Digital Ethics

Inaugural Chair in Technology, Ethics, and Society

Professor

Georgetown University

**Greg Laughlin, J.D.**

Associate Professor of Law and Law Library Director

Cumberland School of Law, Samford University

**Kim Benner, Pharm.D.**

Professor

McWhorter School of Pharmacy, Samford University

**Mary Worthington, Pharm.D.**

Professor

McWhorter School of Pharmacy, Samford University

**Anna Gaston, LICSW**

Student Assistance Counselor

Vestavia Hills City Schools

\*Speakers have no relevant conflicts of interests to disclose.

## **Activity Learning Objectives:**

After this session, the participant should be to:

* Identify more clearly the problem of truth that social media raises for understanding the distinction between the appearance of reality and reality itself.
* Articulate some virtuous dispositions (e.g., practical wisdom and faithfulness) necessary for knowing the difference between the appearance of reality and reality itself.
* Describe the thoughts of some college students regarding the effect of social media on their lives.
* Summarize how technology/social media is impacting social lives of students and learning in the classroom.
* Specify how the First Amendment applies to efforts to control restriction on what speech minors may receive.
* Identify what various jurisdictions have proposed to restrict minors’ access to social media.
* Discuss trends in the use and misuse of medications in adolescence as related to mental health.
* Discuss medications that may exacerbate mental health symptoms in youth.
* Discuss common side effects of medications prescribed for attention deficit hyperactivity disorder and depression in adolescents.
* Discuss the role of health care providers in educating families and caregivers about potential side effects and the importance of adherence in the adolescent population.
* Describe developmental risks and benefits to early media exposure.
* Describe risks of media use on health behaviors.

**Activity Schedule:**

7:30 – 8:00 A.M.: Registration/Check In

8:00 – 8:15 A.M.: Welcome and Announcements

8:15 – 9:00 A.M.: **Overview:** The Anxious Generation

 Speaker: Jonathan Thigpen, Pharm.D.

9:05 – 9:50 A.M.: **Neurobiological Aspects**: Children, Teens, and the Media: It’s Not All Bad

 Speaker: Daniel Marullo, Ph.D.

9:50 – 10:00 A.M.: Break

10:00 – 10:30 A.M.: **Philosophical Aspect:** Appearance or Reality? The Issue of Truth and Social Media

 Speaker: Dennis Sansom, Ph.D.

10:30 – 10:55 A.M.: **Student Aspect:** Thoughts on the Effects of Technology and Social Media on their Lives

 Speaker: Amy Broeseker, RN, Pharm.D., Ph.D.

11:00 – 12:30 P.M.: **Pellegrino Award** and **Lunch:**

 **KEYNOTE:** AI Ethics: Wellbeing in the Age of Digital Deception

Speaker: Laura DeNardis, Ph.D.

12:30 – 1:15 P.M.: **Legal aspects:** Discuss 1st amendment, new action by congress.

 Speaker: Greg Laughlin, J.D.

1:15 – 2:00 P.M.: **Medication Aspects:** Update on Medications Related to Adolescent Mental Health

 Speakers: Kim Benner, Pharm.D., Mary Worthington, Pharm.D.

2:00 – 2:15 P.M.: Break

2:15 – 3:00 P.M.: **School administrators:** When the Anxious Generation Goes to School – How Parents and Health Care Professionals Can Provide Support

 Speaker: Anna Gaston, LICSW

3:00 – 3:25 P.M.: **Panel Discussion:** Where do we go from here?

All available speakers

3:25 – 3:30 P.M: Wrap-Up and Evaluation

**Activity Cost:** $**75**

Conference registration costs $75 per person, which includes lunch and conference materials. Samford students and faculty receive free registration. Contact Scott Bickel at cbickel@samford.edu for the promotional code. A Samford ID must be shown at registration. Advanced registration is encouraged as seating is

**\*\*Registration:** For online registration go to: <http://www.samford.edu/pharmacy/continuing-education>

## **ACPE UAN #: 0002-9999-25-060-L99-P**

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